

Atlanta Center of Self-Realization Fellowship

Fall 2025 Weekend Retreat Schedule

FRIDAY – November 7th

2:00 p.m.	Check-In at Registration Desk Begins
5:30 p.m. – 7:00 p.m.	Dinner
7:30 p.m.	Opening Class and Meditation
9:00 p.m. – 9:30 p.m.	Fellowship <i>(Begin Practice of Silence)</i>

SATURDAY – November 8th

7:30 a.m. – 9:00 a.m.	Breakfast
9:00 – 11:45a.m.	Energization Exercises and group Meditation with Kirtan
12:00 p.m. – 1:30 p.m.	Lunch
1:30 p.m.- 4:00	Free Time
4:00 p.m. - 5:30 p.m.	EE and Meditation with Kirtan
5:30 p.m. – 7:00 p.m.	Dinner
7:30 p.m. – 9:00 p.m.	Class followed by brief Meditation

SUNDAY – November 9th

7:00 a.m. – 8:00 a.m.	Energization Exercises & Meditation
8:00 a.m. – 9:00 a.m.	Breakfast
9:00 a.m.-9:45 a.m.	Checkout
9:45 a.m. - 11:45 a.m.	Sunday Service with Kirtan <i>(End Practice of Silence)</i>
12:00 p.m. – 1:30 p.m.	Lunch
1:30 p.m.	Retreat Closing comments by Monastics and Farewell
2:30 p.m.	Close of Retreat and Final Check Out