

Atlanta Center of Self-Realization Fellowship

January 2010

"Everything else can wait, but our search for God cannot wait." -Paramahansa Yogananda

Volume 44

Kriya Yoga Initiation At The Atlanta Center

Brother Ishtananda Conducts Kriya Service

Brother Ishtananda, senior minister at Hollywood Temple and minister/counselor at the Atlanta Center of SRF, along with Brother Vijayananda from Lake Shrine Temple came for a monastic visit to the Atlanta Center this October 22nd thru 25th.

A public class given by Brother Ishtananda was held on Friday, October 23rd. After an inspirational talk, there was a special opportunity to sign up for the SRF lessons and refreshments were served in Fellowship Hall.

The monastics conducted a Techniques Review Class on Saturday morning, and Brother Ishtananda then conducted a Kriya Yoga initiation Saturday evening.

Brother Vijayananda conducted the Inspirational Service on Sunday, October 25th. Over 180 devotees attended this service. The service was followed by a vegetarian lunch in Fellowship Hall.



Brother Ishtananda at the Atlanta Center Sanctuary

Self-Realization Fellowship Weekend Retreat - Spring 2010

Monastics Will Conduct Retreat in May

The Atlanta Center of Self-Realization Fellowship will hold a regional retreat at the Cohutta Springs Conference Center in North Georgia. The spiritual weekend retreat will be held from Friday, May 14th thru Sunday May 16th 2010. Brother Ishtananda, senior minister at Hollywood Temple and minister/counselor at the Atlanta Center along with another monastic will conduct the retreat. Last Year over 120 devotees attended and came from many surrounding states. The retreat was conducted in silence with meditation, special classes, satsanga, and a special video program featuring a talk by Brother Anandamoy. There was plenty of opportunity for retreatants to enjoy the beautiful lake and mountains. According to results of our survey of those attending the retreat, the food prepared by the chefs was great, and the accommodations very comfortable. Everyone answering the survey said they wanted to come back again. The great news is that Brother Ishtananda has agreed to come back for another retreat at Cohutta Springs! Details concerning registration are available at the Atlanta Center website at www.srfatlanta.org. Please make plans to attend. Registration is underway now!

Brahmachari's Conduct Christmas Service

Brahmachari Raffaele from the Hidden Valley Ashram and Bramachari Klaus from Lake Shrine Temple came for a monastic visit to the Atlanta Center this December 17th thru 20th.

It was the first visit to Atlanta for the Brahmacharis. They conducted a Thursday evening Inspirational Service, the All-Day Christmas meditation service, and the Sunday meditation and inspirational services.

Schedule of Services & Service Reading Topics 2 - 3

Regular Services, Commemorative Services, and Socials

Map to Atlanta Center 3

2010 Schedule of Meetings

Every Sunday	Meditation Service Reading Service Sunday School and Youth Group	10:00 -10:45 a.m. 11:00 a.m. - 12:00 p.m. 11:00 a.m.- 12:00 p.m.
Every Thursday	Inspiration Service and Prayer Service	8:00 - 9:20 p.m.
First Friday Each Month Third Saturday Each Month Fourth Saturday Each Month	Three Hour Meditation Three Hour Meditation Six Hour Meditation	7:30 - 10:30 p.m. 7:30 - 10:30 p.m. 6:00 a.m. - 12:00 p.m.
Every Third Sunday	Kirtan at Sunday Service	10:00 a.m. - 12:00 p.m.
Every Monday	SRF Lessons Study Group <i>Second Coming of Christ</i> Study Group or Bhagavad Gita Study Group	7:30 - 8:25 p.m. 8:30 - 9:30 p.m.
Second and Fourth Sundays	<i>Second Coming of Christ</i> Study Group	12:15 - 1:15 p.m.

Special Meditations and Services 2010

Tuesday, January 5th	Yoganandaji's Birthday	7:30 - 9:00 p.m.
Saturday, January 9th	Paramahansa Yogananda Commemorative Meditation	10:00 a.m. - 4:30 p.m.
Sunday, March 7th	Yoganandaji's Mahasamadhi	7:30 - 9:00 p.m.
Tuesday, March 9th	Sri Yukteswar's Mahasamadhi	7:30 - 9:00 p.m.
Friday, April 2nd	Good Friday Meditation	7:30 - 9:00 p.m.
Monday, May 10th	Sri Yukteswar's Birthday	7:30 - 9:00 p.m.
Sunday, July 25th	Babaji Commemoration Day	7:30 - 9:00 p.m.
Thursday, September 2nd	Janmashtami (Krishna)	7:30 - 9:00 p.m.
Sunday, September 26th	Lahiri Mahasaya's Mahasamadhi	7:30 - 9:00 p.m.
Thursday, September 30th	Lahiri Mahasaya's Birthday	7:30 - 9:00 p.m.
Saturday, December 18th	All-Day Christmas Meditation	9:00 a.m. - 4:30 p.m.
Friday, December 31st	New Year's Meditation	11:30 p.m.-12:30 a.m.

Socials, Special Programs, and Business Meetings 2010

Every Sunday	Refreshments After The Sunday Service	
January 16th	Volunteer Program	8:40 a.m. - 11:45 a.m.
January 16th	Kriyaban Class	2:00 p.m. - 4:00 p.m.
May 14th thru 16th	Atlanta SRF Retreat at Cohutta Springs	

SRF World Convocation 2010

August 1st - August 7th	Westin Bonaventure Hotel, Los Angeles, California
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